



**Productive to the Max**  
Productivity • Performance • Profitability

**MaxTips!**

Website    Strategic Solutions    Coaching    Speaking    Media Center    MaxTips!    Contact Us

February 2015

## **MASTERMIND Coaching Circles for Women**

Over the past few weeks, if you're a woman, you may have received a Doodle Poll from us asking about your interest in Mastermind coaching circles for women. We have received many responses that indicated a huge interest in this concept.

Because of some serious computer crashes, viruses and other issues over the past few weeks, we have been unable to provide more information on this program.

Rest assured that you will shortly receive a package describing in detail the Mastermind Coaching program and where and how you can sign up.

If you were not included in the Doodle poll and have an interest in this program, please send an email to [Info@ProductiveToTheMax.com](mailto:Info@ProductiveToTheMax.com) with the Subject Line **Doodle Poll** and we will put you on the list.

## **Have you Taken a Bubble Bath Lately?**



I took a bubble bath yesterday! That, in itself, wouldn't normally be a distinctive achievement (after all, we need to bathe regularly

whether we need it or not!) except it is a rare event for me to allow myself this luxury. If I did even attempt to immerse myself in the warm, luxuriant bubbles, I would not allow myself to stay in very long.

You see, I am one of those people who find it hard to do things for myself. I love helping others and since I do that mostly through Productive to the Max, my focus is usually on the business. It is the first thing I think of in the morning and the last thing I think of at night. (You can then understand why I don't sleep so well. Sound familiar? )

### **In This Issue**

Have you Taken a Bubble Bath Lately?

MASTERMIND Coaching Circles for Women

Forward to a Friend

### **Quick Links**

[View Our Blog](#)

[Visit our Website](#)

### **Recent Blog Posts**

[Don't Keep it in Your Head: Use a Calendar!](#)

[8 Secrets to Being Successful](#)

Thank you for your understanding and patience.



So a quick shower it is; in and out with no time for dawdling.

To take a long, luxurious bubble bath, with a glass of wine and my Hello magazine is a rare achievement. And it is one that I am regularly going to repeat for the rest of my life. I have finally decided to practice what I preach to all my clients. Take it slow, think of yourself first and allow the universe to offer you what you need.

If you are the type that is always running around in different directions, trying to control everything and being a perfectionist then you will eventually burn out, start to resent what you think you "have to do" and end up feeling depressed, demotivated and unsuccessful.

Whether it is a bubble bath, time with someone special, cooking, reading, golfing or anything else you like to do, put it first on your list. Enter it on your calendar or your to-do list as the most important task of the day.

Everyone should consider at least two areas where they would like to enjoy themselves in life. Aside from spending time with my family, obviously one of mine is a bubble bath and the other is singing in a gospel choir. All these pleasures replenish my soul, make me very happy and content and leave me open for further success in my business.

So, lock the office door and get out to do something you love and then congratulate yourself for following one of the most important productivity principles of all time.

**And do let me know what your "bubble-bath" is!**

[Do you Use the Pareto Principle Effectively?](#)

[Are You Afraid of Success?](#)

[Delegation and Why It's Important](#)

**Connect with Ann**

Forward to a friend

Join the mailing list



## Do you follow our blog?

Click below to sign up to Google's Feedburner to be notified whenever we have a new posting.

[Sign up here!](#)

---

*Ann*

---

If you are subscribed to *Maxtips!* you will automatically receive the updated information.  
To access the latest information check our [website](#) or paste <http://productivetothemax.com/leap-home/> into your browser.

Productive to the Max | 613-594-4533 | [info@productivetothemax.com](mailto:info@productivetothemax.com) | <http://www.productivetothemax.com>  
Ottawa, ON Canada

Copyright © 2012. All Rights Reserved.

[Forward this email](#)

 SafeUnsubscribe™

This email was sent to [annspeak@productivetothemax.com](mailto:annspeak@productivetothemax.com) by [annspeak@productivetothemax.com](mailto:annspeak@productivetothemax.com) | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



Productive to the Max | Ottawa | Ottawa | Ontario | Canada